

Completed Research

Licette Gus, Dr. Sarah Modi, Dr. Kirsten Krawczyk, Dr. Louise Gilbert, William Stacy (2021)

Emotion Coaching UK & Northamptonshire Educational Psychology Service, UK

Developing Health Professionals use of Emotion Coaching to support the social, emotional and mental health development of children and families in Northamptonshire. Training Programme Evaluation Report.

Contact: emotioncoachinguk@gmail.com

Marianne Doonan and Clare Stephens (2021)

North Yorkshire County Council, UK

Evaluation outcomes from an Emotion Coaching Action Research Project as part of an Attachment Aware Trauma Informed project in North Yorkshire.

Contact: Marianne.doonan@northyorks.gov.uk

Dr Nalan Kuru (2020)

Uludag University, Faculty of Education, Turkey

Impact of Emotion Coaching Communication Training on the Lives of Preschool Teachers and Mothers: Sharing An Experience.

Contact: Bursa Uludag University-Turkey nalankuru@gmail.com

April Romney (2020)

UCL Institute of Education, UK

Exploring the facilitators and barriers to implementing Emotion Coaching following whole-school training in mainstream primary schools.

Contact: april.romney@staffordshire.gov.uk

Jo Davies (2019)

Perry Hall MAT, Staffordshire, UK

Emotion Coaching as an approach to promote the emotional resilience and cognitive regulation of disadvantaged Key Stage 2 (KS2) children within writing lessons.

Contact: j.davies@perryhallmat.co.uk

Louise Gilbert (2018)

Bath Spa University, UK

Based on the original pilot project carried out in a rural disadvantaged area of the south west of England training practitioners in Emotion Coaching (Rose et al., 2015), this PhD research gave voice to the practitioners' perspective of Emotion Coaching in educational settings. As a result of qualitative, inductive analysis of semi-structured interviews, a model of Emotion Coaching engagement and a practitioner spectrum of use are proposed.

Contact: louisegilbert.ec@outlook.com

Nicky Shaw (2018)

University of Strathclyde, UK

Emotion Coaching: Moving from Behaviourism to Nurture in a Nursery Class

This study used the Mosaic Approach to collect the perspective of pre-school children experiencing Emotion Coaching in the nursery environment.

Contact: nicky.shaw@strath.ac.uk

Licette Gus, Janet Rose, Louise Gilbert and Ryan Kilby (2017)

Emotion Coaching UK and Meadow View Farm School, Leicestershire, UK

The Introduction of Emotion Coaching as a Whole School Approach in a Primary Specialist Social Emotional and Mental Health Setting: Positive Outcomes for All

Contact: licettetgus@gmail.com

Adele Edwards (2017)

University of Birmingham, UK

A case study exploring the effectiveness of Emotion Coaching as a home-school intervention to support social and emotional competence.

Contact: achisholm@wildslodgeschool.co.uk

Kirsten Marie Krawczyk (2017)

University of Birmingham, UK

A whole school single case study of Emotion Coaching (EC) training and the impact on school staff.

Contact: drkpsychology@icloud.com

Rebecca Digby, Rebecca McGuire-Sniekus, Licette Gus & Helen Taylor (2016)

Bath Spa University, UK and Emotion Coaching UK

A case study demonstrating increased empathic awareness in year 5 primary school children and their improved ability to label own emotions and communicate them to others.

Contact: emotioncoachinguk@gmail.com

Tessa Fox (2015)

University of Nottingham, UK

Exploring the implementation of Emotion Coaching at a primary specialist provision for children with Behavioural, Emotional and Social Difficulties.

Contact: tessa.fox@hotmail.co.uk

Sarah Murray (2015)

University of Birmingham, UK

Emotion Coaching in Practice: A case study example.

Are children able to better label their feelings as a result of emotion coaching?

Contact: drsarahmodi@gmail.com

Janet Rose, Louise Gilbert and Rebecca McGuire-Sniekus (2015)

Bath Spa University

Emotion Coaching - a strategy for promoting behavioural self-regulation in children and young people in schools: A pilot study

Contact : janet.rose@norland.ac.uk

Projects

- 2 year project funded by the Wiltshire Council Local Area Board for Melksham and Wootton Bassett. 10 Schools were trained in Emotion Coaching and over 300 practitioners in the community- including teachers, health visitors, family support workers, early years practitioners, parents and inclusion officers.
- Bath Spa University and EHCAP – a Somerset based social enterprise - worked together over 2015 and 2016 to provide Emotion Coaching Training to the children and young people's workforce in Somerset.