



## Scottish Emotion Coaching Interest Group

We are delighted to offer this Scottish Emotion Coaching Interest Group. The group is run by Nicky Shaw (ECUK Practitioner Trainer and Early Years Trainer) and Jaxx Bruce (ECUK Practitioner Trainer and Scouting Association Volunteer Leader).

This is an opportunity for us to come together and talk about all things Emotion Coaching for our infants, children, adolescents, and even for us as adults. This meeting will run 3 times per year online with one annual in-person meet-up somewhere in Scotland!

Whether you work in childcare and education, work with children or adolescents, are a parent, or are generally interested in emotion coaching as a tool for connection and growth, everyone is invited. The meetings will be a mix of group networking, small group discussions and some content from us. We are planning some great guest speakers for future meetings and look forward to growing the Scottish EC community with you.

To register for the group please sign up via the QR code or use this link below <https://forms.office.com/e/TiQzhqpW9>

A zoom link, with joining details, will be sent to your email one week before each session.

Please email [nickyshaw20@live.com](mailto:nickyshaw20@live.com) or [jacqueline.bruce@icloud.com](mailto:jacqueline.bruce@icloud.com) with any questions.

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